

Appendix 1

Prevention Concordat for Better Mental Health: information required from signatories to the Consensus Statement

We are delighted that you are interested in becoming a signatory to the [Prevention Concordat for Better Mental Health Consensus Statement](#). You will be joining a number of organisations who have committed to working together to prevent mental health problems and promote good mental health through local and national action.

The Prevention Concordat registration process

Step 1. Complete the local Prevention Concordat action plan template below (Attach any supporting documents that you may want to share)

Step 2. Senior leader/CEO of organisation to commit and sign up to approved action plan

Step 3 e-mail your submission to publicmentalhealth@phe.gov.uk

Step 4. Confirmation of receipt

Step 5. A panel will review and approve action plans submitted within one month of submission date;

- wave 3 –Friday 14th December 2018
- wave 4 – Friday 1st March 2019

NB: the team are currently reviewing the process for approving action plans and intend to have a digital process set up moving forward. Please see below.

Registration form

Please answer the questions below:

Lead contact name	Kate Eveleigh
Lead contact details	Email:Kate.eveleigh@oxfordshire.gov.uk Telephone number: 07785453265
Job title of lead officer	Health Improvement Practitioner
Name of organisation / partnership	Oxfordshire County Council/Oxfordshire Health and Wellbeing Board/Partnership
Who are you representing? <i>(e.g. Individual organisation, collaboration, partnership,</i>	Partnership – Oxfordshire Health and Wellbeing Board, which includes Oxfordshire County Council Oxfordshire Clinical Commissioning Group

<p><i>Local Authority, Clinical Commissioning Group, community group and other, please name)</i></p>	<p>Healthwatch Oxfordshire Oxford Health NHS Foundation Trust Oxford University Hospitals NHS Foundation Trust Oxford City Council Cherwell District Council South Oxfordshire District Council West Oxfordshire District Council Vale of the White Horse District Council</p>
<p>Please tell us more about your organisation's work (no more than 150 words)</p>	<p>Oxfordshire has a population of 683,200, is spread across 5 District Councils and one Clinical Commissioning Group. Two NHS Trusts operate in the area.</p> <p>The principles of the Health and Wellbeing board are as follows</p> <ol style="list-style-type: none"> 1. Have a broad and long-term ambition to deliver measurable health and wellbeing outcomes which can be sustained within and between our organisations 2. Mobilise all the resources available for Oxfordshire, planning for the best use of the "Oxfordshire pound" and working in partnership with residents to enable them to exercise their responsibility for health and wellbeing. 3. Keep governance simple, with clear lines of accountability, transparent decision making and accessible information; 4. Strive for system- wide continuous quality improvement, developing mutual trust, honesty and shared understanding of each other's pressures and ambitions 5. Be innovative; be pro-active rather than reactive and look outside our system to learn from others about what could be done better. 6. Ensure our shared vision and values are known and aligned at all levels of our system; Communicate regularly with our system colleagues and stakeholders
<p>What are you currently doing that promotes better mental health?</p>	<p>Leadership and Direction</p> <p>The Joint Health and Wellbeing Strategy for Oxfordshire includes mental health in its priorities and identifies the role of the wider determinants of health such as employment and housing.</p> <p>Three of the partners on the Health and Wellbeing board (HWB) are signed up to 'Time to Change' which is ..., (Oxfordshire County Council, including Fire and Rescue, Oxford City Council and Oxford Health NHS Foundation Trust). The board papers endorsed by the Health and Wellbeing Board and its sub board the Health Improvement Board provide a vision for the wellbeing approach to better</p>

mental health.

The Health Improvement Board monitors three mental wellbeing indicators and has also undertaken to review local activity and interventions that support positive mental wellbeing.

This work was informed by a workshop held in March 2018. Attached is a summary of activities for those who attended the workshop.



Mental wellbeing workshop - discussi

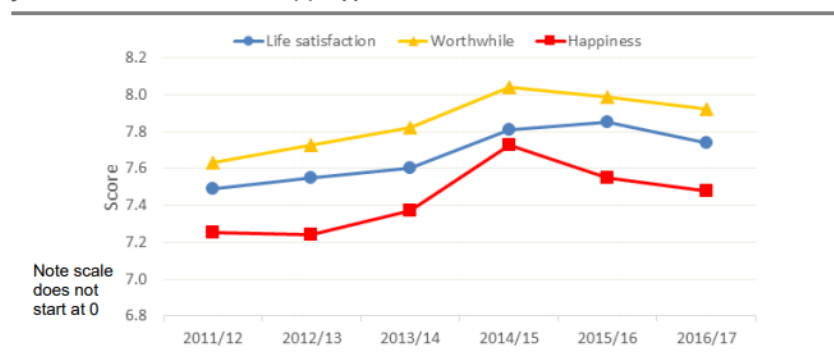
The [Oxfordshire Children's and Young Peoples Plan 2018-2021](#), which involved children and young people in its creation, includes a priority around "Happy and Healthy" which identifies prevention and wellbeing. The Plan informs the work of the Children's Trust which is a partnership of 12 organisations. Work of the Children's Trust includes social and emotional wellbeing and mental health as one of its three priorities.

Understanding local need and assets

Oxfordshire has completed local authority led [Joint Strategic Needs Assessment](#) with a mental health prevention focus.

In Oxfordshire, the chosen indicators "feeling worthwhile, happiness and life satisfaction" scores are slightly lower in 2016-17 compared with 2015-16 and the anxiety score is higher.

Figure 15 Trend in average wellbeing scores in Oxfordshire for (a) life satisfaction, (b) things you do that are worthwhile and (c) happiness



Source: Office for National Statistics Personal Wellbeing released Nov17

²² ONS Personal well-being in the UK: April 2016 to March 2017

In 2016-17 there were around 56,800 GP registered patients with depression, 9.7% of patients. The rate has been above the English average for the past 5 years.

During 2015-16 the number of emergency admissions for

intentional self-harm in Oxfordshire was 1,373, this was similar to the number recorded in 2014-15 (1,387). There were 15 wards in Oxfordshire with a significantly higher admission ratio for intentional self-harm than England (2011-12 to 2015-16).

Between 2014 and 2016, there was a total of 156 deaths registered as suicides in Oxfordshire. The rate of suicides was not significantly different to England.

Through the [Oxfordshire Mental Health partnership](#) there is collaborative analysis of local information and intelligence sharing.

Healthwatch Oxfordshire regularly gains feedback and information from members of the public across Oxfordshire. For example gathering views via targeted and geographical research, web based feedback on specific services, and participative community based inquiry. This includes people's views of mental wellbeing, underlying factors, and use of mental health and other services.

The Oxfordshire County Council Public Health team leads on real time surveillance of suicide data and provides post-vention support. Exploration of capturing data on suicide attempts and serious self-harm is also underway to add further insight into where and how prevention should be targeted.

There is engagement with communities to gain insight into their needs and assets. Currently the OCCG are leading on a consultation into developing the [Older Peoples strategy](#). Young people are engaged through the Children in Care Council and Voice of Oxfordshire's Youth.

People with lived experience of suicide are represented on the suicide prevention multi-agency group, following involvement with a workshop run on behalf of the National Suicide Prevention Alliance (NSPA).

Working Together

The Health and Wellbeing Board works across, Districts and City Council, the County Council, the Clinical Commissioning Group, HealthWatch Oxfordshire and local NHS trusts. The [Oxfordshire Mental Health Partnership](#) has six partners made up of local mental health charities and the local mental health NHS Trust. There is a local multi-agency group for suicide prevention which is coordinated by the County Council and includes representatives from the mental health partnerships, CCG, Coroner's, criminal justice, transport, third sector support services, employer unions

The HIB also oversees the work of the [Joint Management](#)

[Group for Adults](#), which includes working with pooled budgets, for those adults with mental health needs.

Schools can engage with [Mental Health and Wellbeing in Schools](#) network, whose aim is to provide formal and informal professional development for all school staff and governors, as well as building up a network of people who can collaborate across the area sharing best practice and ideas.

The Perinatal Mental Health group is represented with a range of professionals and organizations and also includes a representative for people with lived experience.

Taking Action

GPs and Schools have received Mental Health First Aid training and some of the partners provide the training to their staff. The mental health partnership have offered and delivered Psychological Perspectives in Education and Primary (PPEP) care to colleagues across the County.

Some GPs practices have received post-vention training following a suicide of a patient, and Connect 5 training has been delivered by TVP in collaboration with Papyrus to a range of front line workers in the South of Oxfordshire.

The health and wellbeing boards (HWB) [priority](#) “Living and working well: Adults with long term conditions, physical or learning disability or mental health problems living independently and achieving their full potential” has outcomes listed and is monitored by the Health Improvement Board. The HWB strategy identifies that resources have been pooled for mental health. The [Oxfordshire Mental Health](#) partnership pools its resources, financial, knowledge and skill based. As employers the partnership organisations have employment support which includes free counselling and mental health support. Many run awareness campaigns internally, as well awareness campaigns externally about dementia.

There are local community based opportunities to engage in the arts, the natural environment, volunteering opportunities, delivered by local charities, such as [OYAP](#), [Fusion Arts](#), [Artscape](#). There is a County arts and health group that promotes the role of arts in improving mental wellbeing.

Local schools choose to deliver mental wellbeing interventions, such as [Bladon Primary School](#) and [The Cherwell School](#). Active in the County is [Oxfordshire Schools Mental Health and Wellbeing Network](#). Schools have also been offered opportunity to see a play raising awareness of self-harm and how young people can access support.

	<p>Examples of organisations raising awareness include Oxford Health NHS Trust Stamping out Stigma campaign and Oxfordshire County Councils 5 Ways to Wellbeing campaign, which worked in partnership with Mind.</p> <p>Defining Success</p> <p>The Health and Wellbeing Strategy includes the following outcomes for mental health</p> <ul style="list-style-type: none"> * reduce out of county placements, * improve access to crisis support, other than the Emergency Departments, * increase those with severe mental illness in employment and settled accommodation, and * increase those reporting feeling safe.
<p>Do you have or are you intending on producing a mental health plan or a mental health needs assessment.</p>	<p>Yes <input checked="" type="checkbox"/> No <input type="checkbox"/></p> <p>If yes, please specify: We have a mental health needs assessment.</p>
<p>The Prevention Concordat for better mental health highlights the five domain framework for local action</p> <p>Please describe what are you planning to commit to in the next 12 months for your area (see * page 3 for examples to support completion of this section);</p>	
<p>1. Leadership and Direction</p>	<p>1) Public health within Oxon CC will coordinate the production of an Oxfordshire Mental Wellbeing Framework, which will inform the work of the partner organisations and other stakeholders from 2019 onwards.</p> <p>2) The Framework will involve representatives from each partner organisation which will further develop the shared vision for prevention and promotion, that all members of the Health and Wellbeing Board organisations have signed up to.</p>
<p>2. Understanding local need and assets</p>	<p>Local statistics related to mental wellbeing will be reported to the HIB alongside the life satisfaction measure, from the Office of National Statistics. The following topics will be proposed to the board. Use of green and blue spaces and engagement with volunteering and community groups.</p> <p>As part of the creation of the Framework existing local data will be collected and review data already available from communities which gives insights into their needs and assets.</p> <p>The existing Local Authority led Joint Strategic Needs Assessment with a mental health prevention focus will be refreshed to include some analysis and recommendations.</p> <p>The Framework project group will consider including the</p>

	<p>following</p> <ul style="list-style-type: none"> a. Mental Health Equity Audits across the partnership b. Collaborative analysis of local information and intelligence sharing c. Shared prioritisation and resources d. Mental Health Impact Assessments to integrate mental health prevention into partnership plans and strategies
3. Working together	<p>The framework will involve working together in collaboration across a number of organisations and will indicate agreed prevention priorities, shared plans and strategies.</p> <p>The Framework project group will review when and how local communities are involved as well as include those with lived experience and co-production in plans and initiatives</p>
4. Taking action	<p>The Framework will be signed off by the HIB, who will then provide oversight on progress against the Framework.</p> <p>Delivery of relevant partnership plans and strategies.</p>
5. Defining success	<p>Success will be within 12 months</p> <ul style="list-style-type: none"> 1) a task and finish group that involved all the key partner organisations, to produce a signed off Mental Wellbeing Framework for Oxfordshire. 2) At least one progress report on the delivery of the framework. 3) Achieving the agreed year 1 outputs and outcomes defined in the Framework across all partners 4) Additional partners signing up to the Framework, outside of the Health and Wellbeing Boards membership.
<p>Is your organisation/ partnership happy to provide key impact headlines when contacted related to the commitment specified? Yes <input checked="" type="checkbox"/> No <input type="checkbox"/></p> <p><i>The purpose of this information is to support us to measure progress of the programme and inspire others. Information requests will not occur more than once a year.</i></p>	
Upload signature and organisation logo	

In your submission please attach any additional documents that you may want to share to support your commitments e.g. strategies, plans project outlines.